



About Yale

Malaysia. The organisation is a dynamic practice providing professional services in research and development, training, corporate and management consultancy and coaching to its clients. Our objective is to provide a high standard of professional practice in every field for every one of our clients.

YALE Consultancy Sdn Bhd is an international professional service firm in

Certified Professional Nutritional Consultant Programme

INTRODUCTION

Nutritional therapy consultant is the application of nutrition and health sciences to enable individuals to optimize their health potential. Nutritional consultant always consults patients, many of whom have been referred by medical practitioners, who have chronic health problems that conventional medicine finds difficult to treat. These include allergies, digestive and bowel disorders, hormonal imbalances, fatigue, depression or stress, auto-immune conditions, migraine and skin disorders. In Malaysia, the occurrences of non-communicable diseases such as obesity, cardiovascular diseases, hypertension, cancers and diabetes mellitus have increased drastically in the recent years. Thus, there is an urgent need for the country to generate more man powers and professionals in the area of nutritional therapy.



Objectives

Upon completion of this programme, you will be able to:-

Equip yourself with a range nutritional therapy skill, which will enhance your confidence and ability to work independently.

Provide yourself with knowledge and experience of nutritional practice that able to help yourself and your clients.

Establish and extend your network in nutritional therapeutic-related industries.

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PROGRAM METHODOLOGY:

The program is subdivided to two sessions. Session A is comprised of 8 modules which takes 12 months to be completed. Each module is conducted at three weekends for 6 hours for each session. Hence, students need to attend a total of 36 hour taught class for the each module. Upon completion of twelve modules, candidates need to do an attachment at psychological clinics or wellness centre for 3 months. At the end of three months, candidates are required to submit a report for evaluation.

PROGRAMME MODULES

CNTP 1003 Fundamental of food science and nutrition

CNTP 1013. Principle of physiology & anatomy

CNTP 2013 Functional Foods, Nutraceuticals & Dietary Supplements

CNTP 2023 Nutrition & diseases

CNTP 2033 Nutrition assessment methods

CNTP 2043 Nutritional consultation practice

CNTP 2053 Life span nutrition

CNTP 2063 Business strategy in nutritional therapy

CNTP 3006 Internship: 3 months in nutritional therapy-related industry

HIGHLIGHTS:

- Access to online library
- Weekend classes
- Specially prepared notes and handouts.

PROGRAMME DURATION

Minimum 15 months

WHO SHOULD ATTEND? :

Health therapists, beauticians, social workers, teachers, nutritionists, dieticians, fitness trainers, students as well as anyone who wish to acquire in-depth knowledge on nutritional therapy

PROGRAMME REQUIREMENTS

The minimum requirements for normal candidates are:-

An applicant with a good scholastic achievement in the Bachelor degree or its equivalent (subject to specific programme requirement); or

An applicant without sufficient academic qualification but possessing evidence of adequate related research or work experience may also apply for admission.

MODULE FLEXIBILITIES

Candidates can join the programs throughout the year. Students would have opportunity to build up their networking with people from different industries / field

PROFESSIONAL CERTIFICATIONS

Certified Professional Nutritional Consultant Programme (CPNC™). Candidates can use the title of CPNC after completion of the programme.

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